

GB Student designs Toronto's Flag

Symbolic Flag Design is First in Toronto City's History

TERAULAY, gbc — Renato De Santis, a third semester student in the Graphic Design program at George Brown College had his design chosen unanimously by Toronto City Council to represent the city's first flag.

The flag's design features two white bars on a blue background with a red maple leaf in the middle, which represents the council chamber.

"The I-shape represents Toronto and the shape of the city hall and the maple leaf sits at the top of the dome where the ideas for the city take place in the city council chamber," De Santis said.

Toronto's mayor, David Crombie described the flag as "simply beautiful".

De Santis helped raise the flag at a special ceremony at City Hall, Nov. 7.

His design was chosen from 670 submitted to a special five-man committee of the city council. He was awarded a \$500 bond by council as a prize.

De Santis' father Peter had originally called his son a bum for becoming an artist.

He has since changed his mind. "I was at school thinking about what I could use for a design and the idea popped into my head. I completed it in an afternoon," De Santis said.

Many of the 670 designs submitted to council were done by professional artists.

"The win has pushed me ahead with plans for my career and I'm

into graphic design more than ever," said the young Italian.

He says he would like to gain employment with a firm to do corporate images and graphic designs.

"My flag means something . . . there is meaning behind it . . . people have to study it to give some intelligent comment. No matter how close or far the flag is viewed from it has an impact."

He claims many loose comments were made about the design of the flag.

"Many people didn't understand because they did not study it. I could have made it a traditional style but decided to opt for the symbolic modern design."

It's the first time in the 140 year history of the city that a flag has been deemed representational of Toronto.

The remaining 699 designs will be on view next March when the city celebrates its 141st birthday.

Some of the comments on the design of the flag range from visions of a man's body with the maple leaf positioned like a fig leaf to a ripped up sheet.



RENATO DE SANTIS, (centre), a third semester student in the G.B.C. Graphic Design Program, assists in raising the flag he designed to represent Toronto's City Hall. De Santis's design was chosen unanimously by City Council and raised above Toronto in a special ceremony at City Hall on November 7.

THE BODY NEEDS:

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SAC OFFICE.**

george brown's

ISSUE NO. 3, NOV. 22, 1974

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A LA CARTE ANSWERS TO LIFE

You Can Have Everything You Want at Maharaj Ji's Restaurant

By Mike McGrath
MISSISSAUGA, Ont. — God was in town the weekend of Nov. 27.

Guru Maharaj Ji, known by his followers as Lord of the Universe and saviour of Mankind yawned as 6,000 frantic, screaming, crying fans rose to their feet to honor the arrival of the chubby 16-year-old kid at the Toronto Centre of Commerce, here.

He waddled over to a plastic throne and sat beneath a halo of plastic bulbs . . . all of which were centred on the peak of a huge plastic diamond. His brother, a member of the holy family sat at the divine one's right hand side on a smaller diamond and both looked very bored as they scanned the stage alive with thousands of flowers, a rock band and 6,000 desperate human beings.

The 6,000 premises, which means Hindi for lovers of god, travelled from all over Canada and the U.S. to sway and rock to professional rock artists. Listen to rebel rousing charged speeches by the guru's public relations specialists and the hope of kissing the almighty's feet. He sometimes allows his feet to be kissed by lowly premises.

The centre, a converted aircraft hanger, was crawling with tight security personnel (learned in the art of karate and linked throughout the complex with walkie talkies).

The press section was up front and roped off to ensure no photos or interviews could be given without the knowledge of the guru's administrative eye.

The heavy bombardment of rock music by the guru's group, called the Apostles and folk rock chants led by Michael gave the ex-druggies and lost youngsters an identity and lure to Maharaj Ji's

hope. One of the most popular song song routines of the night was a take-off on Arlo Guthrie's Alice's Restaurant. The words were

changed and the chorus rhymed off . . . "you can get anything you want at Maharaj Ji's restaurant!"

From the first few moments of the program a lively beat vibrated

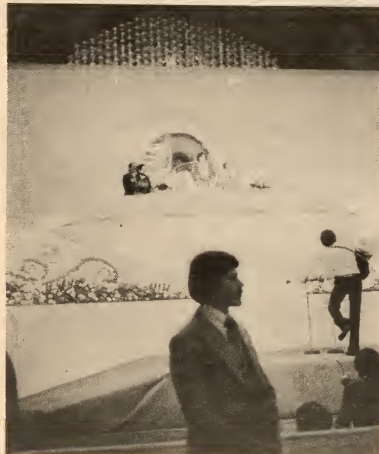
out into the crowd from the controls of "The Apostles". A folk rock artist led the crowd into a warm-up, rebel rousing "he's got the whole world in his hands" amid frequent screams from smiley-eyed premises in praise to the guru. A polished, suited, executive

type public relations representative gave an hour discourse on the love the guru offers.

Mid-way through the speech the guru's mahatmas, high priests, yawned, picked their noses and stared blankly out into the flood of camera flashes and bodies. The Indians, who were dressed in the long white robes, sat at the left hand of god's glittering diamond.

"To understand the guru Maharaj Ji we have to stand under brothers and sisters. You know some people say I'm brainwashed . . . well . . . I say I'm glad to be brainwashed. You have to clean your teeth, you have to clean your hands . . . then my your your

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GURU MAHARAJ JI, didn't say much to his 6,000 screaming premises (followers). He was seated upon the centre of a huge plastic diamond and used the services of a professional folk singer, rock band and public relation experts to prepare the crowd for a high pitch of excitement before his entrance.

NO CONTRACT NO WORK

Strike Possible Jan. 1 If CSAO Demands Not Met

TORONTO — Almost 300 determined CSAO members met at the Sheraton Four Seasons hotel Nov. 17th to stress to the government that if they do not have a decent settlement by January 1st they will go on strike.

"No Contract — No Work" was their slogan.

The mass meeting was connected by closed circuit television to six other overflow gatherings across the province: 600 in Kingston, 300 in Ottawa, 450 in Thunder Bay, 200 in Sault Ste. Marie, 375 in Sudbury, and 800 in London.

Representatives from many other unions and federations came to express their solidarity. The English Catholic Teachers Federation, the Ontario Secondary School Teachers Federation, the Ontario Secondary School Teachers Federation, CUPE (the Canadian Union of Public Employees), the Ontario Professional Firefighters Association, the Women Teachers Federation of Ontario, the Metropolitan Toronto

Labour Council, and the Ontario Federation of Labour support the struggle to "Free the Servants". The public service workers are demanding an end to wage slipage, a catch-up wage increase, and a COLA (cost of living adjustment) clause. Chris Trower, the negotiator for the operational category of CSAO, pointed out that figures from federal government surveys, and not relied by the provincial government, show that public employees are paid 37 per cent less than workers doing the same job in private industry. The cost of living has gone up over 20 per cent during the two years covered by the last contract. This figure is from the federal government's Cost Index which is deliberately biased against the working class since it includes many luxuries which we cannot afford at the best of times and doesn't include the price of land which has skyrocketed.

The 61.5 per cent wage increase demanded by the union therefore barely enables them to keep level

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ecotid

Graphics Arts Course Flexible with the Times

BY ROSE BROWN

The three year Graphic Arts Printing Technician course offered at George Brown gives the student interested in the field of graphic reproduction a good working knowledge of this many faceted industry. The course brings together the technical subjects in printing to form a program in general printing from which the student can, in his final year, go into specialization in one specific area of printing. Throughout the course emphasis is to train the

student to the practical application of schooling.

With a wide and varied field the printing industry covers a range of skills dealing with all the sections of the industry. With the advancement of modern technology the printing industry is rapidly changing and phasing-out current methods of printing (i.e. typesetting); it is becoming increasingly necessary for students to train themselves to adjust to the changing methods of production.

The first two years of this diploma program covers the major processes in the trade to lay the basis for the student who stays for their third year to specialize. These two years are broken into three week modules which include basic process camera, offset printing, bindery, design, hot metal composition and other areas involved in graphic reproduction. In the third year the student acquires the skills and knowledge of a specialized subject in printing through in-depth study.

Because the course is oriented toward training the students to apply their knowledge in a practical skill, the student graduates with not just a piece of paper, but a useful and marketable trade.

George Brown's Body has decided to try to include in every issue an article describing a particular course and also to research the history of the union which defends the workers in the trade connected to that course.

As it happens, the early history of the union in the printing trade (which we are dealing with in this issue) was dominated by the man this college was named after.

We hope that the article about Brown will interest you and we would like to hear how you feel about the paper publishing information about union history.

George Brown: "Paragon of anti-labour employers"

By ROBERT OGES

George Brown, founder of the Globe and Mail and a Liberal politician, was known to the workers of Toronto as the paragon of anti-labour employers.

In response to the demand by the printers who worked for him that the work week be forty-four hours this "father of Confederation" replied that "... shorter hours were bad for labour. The men would have more time to spend at home and would make a nuisance of themselves."

An Oshawa employer, also fighting the nine-hour movement probably reflected Brown's ideas when he stated that "Any man who can put money in a savings bank or build himself a home, has too much money already."

This struggle in 1872 was not the first time that working men were forced to defend themselves against George Brown's attacks.

In 1845, when George and his

father arrived in Toronto from New York, he immediately created an alliance of employers in an attempt to reduce wages; by unionizing and supporting each other the workers were able to maintain the wage rates which had long been accepted by the publishers before Brown came to town.

HARD LINE

This setback did not discourage Brown. In 1854 he was again leading other bosses in a fight against their employees. However "the young men" were victorious in every office in the city except Brown's. He then declared that he would pay the men's rate but that they must not belong to the society. Every man therefore left his establishment. He then had the printers arrested for conspiracy. In the face of the solidarity and militancy of the workers, Brown had to back down. The workers won the right to work ten hours a

MONEY CAN'T BUY YOU LOVE

By MIKE McGRATH

George Brown College student activity councils are striving to create controls at pub nites to correct a problem of disappearing money and alcohol.

Walt Curry, SAC treasurer for the Casa Loma campus told the BODY approximately \$500 in total was unaccounted for after that campus's latest pub, Nov. 6.

Teraulay, SAC treasurer, Paul Harvey explained that 200 ounces of alcohol was not accounted for after its first pub nite Oct. 25 and 60 ounces of alcohol and just over \$50 in money was not accounted for after the Chinese dinner, Nov. 8.

Casa Loma's SAC president Steve Richardson said \$250 in cash and nine cases of beer were unaccounted for after the Nov. 6 pub.

The police were not called in as the council felt it was an internal problem that should be dealt with at the student council level.

"It won't happen again. There will be tight security at the bar and pub policing," Richardson said. But he believes that at Casa Loma campus explained that pub nites are the one financial facet of SAC activities where full proof control of a soles are impossible.

"In any affair where money is concerned it is difficult to control pilfering. It can be limited to a minimum but not entirely phased-out."

Student Council elections were held recently at the Casa Loma campus. Steve Richardson was elected President. He is a 21-year-old Architecture Drafting Technology student, and past Vice-president of the S.A.C. in 1973-74.

Richardson talked to the Body soon after he took office.

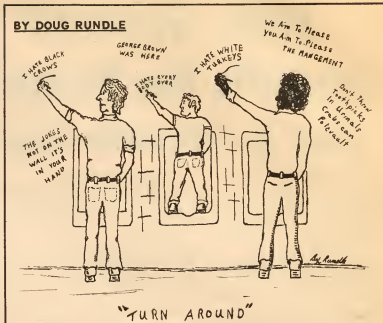
"There have to be more activities of student functions... tours of different places in the city... inter-college activities. We have to get the campuses together in sports and socially to create a

day for seven dollars a week. Hardly outrageous demands but they had to fight Brown for every penny."

NINE HOUR DAY

By 1872 the nine hour movement in England had won many important victories. Not only had the massive attacks of the working class forced improvements in working conditions but the courts had to declare that trade unions were not illegal combinations. In the U.S. workers went further and were demanding the eight hour day.

When Canadian workers demanded the nine hour day and pressured the government of John A. Macdonald into introducing legislation to legalize unions, George Brown was furious. On April 18, 1872 at a meeting of employers he cried out "Crush the



Beetles believes that the council has "taken the right steps to protect the student's interest for future pubs."

Theoretically the onus is on SAC but as our role in administration we offer what help we can to ensure things don't get out of hand. The bursar at Casa Loma, Dave Fraser, collects cash from the pub at least eight to ten times during a pub nite," Beale said.

He admitted that there have been problems controlling cash and alcohol at pub nites on campus in past years.

At Teraulay, Tim Parent, that SAC's social convener heads pub nites.

"I am personally going to

supervise the sealing up of the booze after each pub nite here to ensure tighter controls," Parent said.

Harvey, Teraulay's treasurer, claims that "as long as there is loose monies or liquor lying around in an uncontrolled environment it will be stolen."

"The only means to prevent theft is to introduce tighter controls. Theft will continue at pub nites as long as student councils resist tight controls and administration stays uninvolved," he said.

Harvey suggests the best manner to handle controls is to implement the use of drink tickets stamped by the council rather than have cash paid to bartenders for alcohol.

Casa Loma Student Council Elected

unity. I want to feel I have tried my best to help other students. I've learned a lot under Pat Hagel in the last year as vice-president."

So far his has been the best organized SAC. We have an account, one of the colleges hired to keep watch on our accounts and check the budget. There will be no repeat of the 1971 scandal."

Paddy Aldridge, 19, is in his first year of General Drafting now serving the students as social convener. Aldridge talks about feedback from students to the Student Council.

"We have had no trouble with the administration. We started the S.A.C. with \$200 in the bank and made a lot of well organized pub nites, pin ball machines and social activities. The council got back into effect after 1971 scandal. Had to work to get back activity still, we knew how and honestly. Our main purpose has been to make the student feel he belongs when he comes here."

As the fight continued George Brown proposed this strategy. "If this agitation for shorter hours continued let employers shut their works and starve the men into submission."

In spite of jailings and intimidation, slander and red-baiting, our great grandfathers won this battle and many more. George Brown continued his policies until an enraged employee felt moved to end his crusade against working people with a pistol.

Today George Brown is glorified by our bosses and has schooled after him while the men and women who really built this country are ignored.

"They tell their girl friends or boyfriends what they want but he never gets to the council level... we hope to remedy this," she said.

"We will strive to set up a program to get all the campuses together in a while to show unity."

Pat Hagel started the SAC in September 1972 and has held the office of President to October 1974. Hagel, student in the Dental Technology course, left these parting statements.

The last three years have really been worth it. We pulled up the name with business, proved we have the ability to run the Student Council without strikes or sit-ins."

"We have had no trouble with the administration. We started the S.A.C. with \$200 in the bank and made a lot of well organized pub nites, pin ball machines and social activities. The council got back into effect after 1971 scandal. Had to work to get back activity still, we knew how and honestly. Our main purpose has been to make the student feel he belongs when he comes here."

GBC OUTS OUT WELCOME MAT

George Brown College will jointly participate with Centennial, Humber, and Seneca colleges in the first Metro Toronto Community College Week from November 25-29. Secondary school students, business and industry officials, representatives of government agencies and families are invited to the College for their addition to tours, there will be demonstrations, displays, films and shows at the G.B.C. campuses on certain days of the week. The general public is invited to sit in on classes in operation and any questions will be answered by the college personnel.

G.B.C. campuses will be open for hours Monday through Friday from 10:00 a.m. to 8:00 p.m. In addition to tours, there will be demonstrations, displays, films and shows at the G.B.C. campuses on certain days of the week. The general public is invited to sit in on classes in operation and any questions will be answered by the college personnel.

Clifford C. Lloyd, President of George Brown College, talking about the week, said, "All Community Colleges are in the same business, serving the public in the same educational way and not competing one against the other."

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BODY POLITICS

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Expansion Planned For Theatre Arts, Music

By Victor Liborin

One of the most exciting and successful developments at GBC is the new Theatre Arts and Music program.

The theatre arts department at George Brown College is seeking to expand its current part-time dance-drama, acting and music courses to a full-time two year diploma program orientated towards careers in the Theatre Arts industry.

Bradley Webb, Co-ordinator of theatre arts at GBC, is in the midst of preparing a submission to the Ministry of Colleges and Universities, outlining plans for this expansion.

If the proposal is approved, existing courses would be pulled together and additional courses would be added to make up a full-time format that would offer the student several options to major in.

Continued from page 1

mind?" asked the speaker.

He ended his attribution when he stressed that "I'm sure you know the feeling and are aware of what is really going on."

The show peaked when guru Maharaj ji sat on this throne with his blond, shapely American wife at his feet.

He didn't utter a word but urged his wife to keep the fire alive.

"It's so beautiful to be here. You know when we came in here I had to think to myself it's just so beautiful... everyone is so beautiful," said the first lady.

More than 2,000 Canadians and thousands of North Americans and Europeans believe in the round-shaped guru.

Most of the followers or premies claim to flow through life in a peaceful, loving state of mind. They say it is the result of Holy Knowledge sessions of meditation taught them by the mahatmas through the source of Maharaj Ji.

Holy Knowledge sessions are for signed members only. The mahatmas preach a way of steady meditation praising the round guru. (Ever hear of self hypnosis?)

Premies who come from backgrounds of drugs and broken homes love the master to the extent that they agree to give up all material possessions to his divine worship.

He gratefully accepts all the cars, TV sets, money, and ice cream. Oh yes... he eats ice cream by the gallon.

He sometimes travels with the Holy Family... which includes his three brothers and mother. His father died a few years ago.

Thousands of premies live together in service of the guru in ashrams, and they forward what money they make from employment to his holiness.



"Hail Maharaj Ji"

SELF HYPNOTISM OR REALITY

Zap You're a Premie, Poof you're Poor

NEXT ISSUE:
Deadline
Dec. 12.

Read Robert
Age's Report
on the CSAO
- possible
teacher strike.

HELP WANTED

— For Casa Loma Campus —
PUB MANAGER
See: Paddy Aldridge
Soc. Convenor
Casa Loma Campus
SAC Office, Tel. 921-0311

GBC Business Admin. Students Awarded Scholarships By City

TERAULAY, gbc — Three George Brown College business administration students were awarded scholarships by Toronto City Council at City Hall, earlier this month.

The scholarships, three \$750 grants were presented by Mayor David Crombie as part of a \$50,000 perpetuity bond the city had gifted to George Brown College in honor of Queen Elizabeth's visit to the city last summer.

Antoniana Alfano, Guido Lombardi and Nick Mondelli received what interest at three percent that accumulated on the bond.

The money will be awarded annually forever to students from the business administration programs.

"We anticipate the awards will be made to one first year and one third year student each year. The third year student each year is chosen as a recipient will be made by administration on basis of the student's performance," Jim Turner, the Dean of Business and Commerce division of the college said.

Turner said George Brown was chosen to receive the gift because it is a core of the city culture.

To qualify for the scholarship the students have to express a desire to enter municipal government

employment and they must have graduated from a Toronto City secondary school.

Alfano, an 18-year-old first year

student said she plans a trip to Italy this summer as a result of her win.

Lombardi, a 19-year-old, third



THREE G.B.C. BUSINESS ADMINISTRATION STUDENTS were presented \$750 scholarships by Mayor David Crombie at the Toronto City Council at City Hall, earlier this month. Pictured from left to right are: James G. Turner, Nick Mondelli, Antoniana Alfano, Guido Lombardi, C.C. Lloyd and Edward W. Dunn.

first elevated in the Maharaj Ji's teachings.

BODY: How does the operation exist so that this power can be released to premies?

WEEDER: Well once the premie becomes part of the scene he is shown meditation techniques by the mahatma and private knowledge sessions. The knowledge sessions are led by mahatmas with group of 25 persons.

BODY: When does this power come to you?

WEEDER: It's induced when the mahatma touches you on the forehead. Different people see different things when this is done. It doesn't mean that something happens immediately. In many cases it is like an explosion of light.

BODY: How was it for you Dave?

WEEDER: Well I think I saw some light but I really didn't feel anything. It seems its like the old tuning fork theory where one source sets the other vibrating sort of thing. The guru Maharaj Ji is the source and we get his knowledge through the mahatma.

BODY: Can you describe the feeling of knowledge?

WEEDER: When you get the touch... its a vibration but not speakable. It sets off the energy that comes from within our bodies and that energy has a consciousness. It sort of opened the channel that I knew when I was a baby but got lost somewhere along the way.

BODY: How long did you meditate before all this took place.

WEEDER: I went to India to learn the meditation. It was gradual but I didn't really get into a high until after seven months of great meditation. I've been doing it for two years now.

BODY: How does it help you to have the knowledge?

WEEDER: It seems to give me a more of a sense of who I am. It was gradual but I didn't really get into a high until after seven months of great meditation. I've been doing it for two years now.

BODY: What were you into before you turned to the Maharaj Ji?

WEEDER: I came from a heavy Jewish background and I got mixed-up with the drug scene and that left me wondering.

BODY: How do you explain the Maharaj Ji's life style. He is reported to be one of the wealthiest men in the world and owns several rolls rockets, airplanes, sports cars and shows a constant impression of power.

WEEDER: I don't think it's cool to be a selfish cat but that's my opinion based on my own life style. I couldn't care less about what he owns... that doesn't concern me as it doesn't alter who he is. Most of the things he owns he gets as gifts and he just can't refuse the presents from those who love him.

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HUGO BLANCO COMES TO CANADA



HUGO BLANCO

By ROBERT AGES
On Wednesday, December 4th, the great Peruvian peasant union leader, Hugo Blanco, will be speaking in Toronto. A major public meeting, at the U. of T.'s Medical Science building at 8:00 p.m. is jointly sponsored by the League for Socialist Action, the Young Socialists and other groups and individuals, including the SAC Executive of the U. of T. and Jan Dutska, NDP-MPP.
Hugo Blanco was born in Cuzco, a desperately impoverished area of Peru. It was there that in 1958 he began to organize the movement of peasant unions which was to spread from Cuzco over all of southern Peru. Under his leadership these peasant unions fought against disease, hunger, illiteracy, and forced labour. Their struggle took shape against the large landowners who used the courts and government to steal the collectively owned land of the peasant villages.
In 1963 Blanco was hunted down and captured by the army of the

Peruvian landowners and capitalists. He was imprisoned for three years before being tried by a military tribunal and sentenced to death by a firing squad.
An international campaign was waged in his defence. In Canada the Halifax and Calgary Labor Councils passed resolutions demanding amnesty for Blanco; the Quebec Federation of Labor sent out an appeal to every CLC local in Quebec on his behalf; the International Woodworkers of America in Vancouver and the Firemen's Union in Quebec expressed support for him.
This world-wide campaign saved him from the death penalty and brought about his release from the infamous island prison of El Fronton in 1971.
After his release he went from Mexico to Argentina then to Chile. After the right-wing coup in Chile, Blanco fled to Europe where he acts as a representative and correspondent for the Fourth International, the international revolutionary party. He has

written about his experiences in Chile in the recent book "Chile's Days of Terror" and reported on developments in Portugal since the April coup for the Marxist newsweekly, Intercontinental Press.
In his book "Land or Death, the Peasant Struggle in Peru" Blanco presents the example of the Chaupimayo peasant movement as an alternative to the current tendency of the left in Latin America to oscillate between reformist schemes and armed struggle.
In his talk, on December 4th, Blanco will draw on his experiences as a leading figure in the struggle of the Peruvian peasants for the land stolen from them. He will also speak of his experience in Chile prior to and following the September 1973 coup. This meeting, part of a country-wide tour, will give Canadians a unique opportunity to hear a first hand account of the struggle in Latin America today by one of its leading participants.

Canadian Army Needs New Officer recruits

By MIKE McGRATH
DOWNSVIEW, Ont. — Do you want to change the military edifice? Join it.
Canadian Armed Forces is offering a reserve officer university training plan to male or female students aged 17-23, who are Canadian citizens registered in a university or community college course and are academically sound.
The plan, which was conceived by the forces to attract cream of the crop recruits, offers three years of summer employment, part-time winter employment and graduation into the army as a Lieutenant.
First and second year students in the program have the opportunity to earn \$1,650, keep physically fit, study in different fields and travel.
The forces does stipulate that every member learn to fire a weapon and study the basic arts of war.
Meals, accommodation, uniform, equipment and travel across Canada is a bonus lure to the program.
This program is set up as being populated completely by volunteers. A student can work with us for as long as he wants or as long as we wish to have him and has the option to leave the program when he wishes," Lieut. Col. Douglas Yuill said.
"Yuill a veteran militia officer called the program "something that is so worthwhile we don't really have to sell it."
"We don't have a quota on enrolment this year. All the student must do is contact us at the division for consideration," Yuill said.
He explained the program as having three phases. Phase one is an introduction to the forces which includes regular training and adaptation to a military style of life.

Phase two is more concerned with learning detailed military skills and travel. Phase three is the graduate year when the individual delves into whatever strain of the forces he wishes to succeed in and travel is extensive.
"Even if the student does not want to enter the forces his experience at ROUTP will help later on in any civilian administrative position," Yuill said.
A student can graduate into the army as an officer cadet on completion of the first phase, a second lieutenant on second phase completion and a lieutenant after the third.
The summer employment in each phase runs from July to August and winter part-time employment is slotted as fifteen days minimum through the local ROUTP headquarters.
Susan Marshall, a twenty-year-old University of Toronto student saw phase one and two and has enrolled for the third phase.
The peppy, vibrant young lady wasn't in uniform when interviewed by the BODY at the ROUTP press conference Nov. 7. She serves as a mobile support equipment officer in the program and studies Bio Chemistry at university.
"I joined in 1972 because I was desperate for a summer job. Once I had been involved for a while I found our group developed close ties and we were linked in a strong friendship atmosphere," Marshall said.
She claims there were never any hassles in asking for time off or re-scheduling commitments during her winter stint while she was attending university.
Learning the use of military tactics and weapons doesn't upset her.
"Women should be able to use weapons and know how to defend themselves as well as men. They should have the same avenues of

administrative leadership abilities open to them," Marshall said.
She says the forces will "bend over backwards to accommodate students". If students choose to move to another location in the winter months to go to college or university he or she can transfer to a nearby division for the part-time duties he is assigned.
Part-time duties include parading in uniform, helping out at the division and studying various technical skills.
Anyone wanting any information on the ROUTP program should contact the district headquarters of the Central Militia Area in Downsview, Ont. M3X 1Y6, or phone 433-6200 ext. 573.

DEADLINE JAN. 1 College Must have Permit or No Pubs

By MIKE McGRATH
TORONTO — The ever growing popularity of the drug alcohol may surge when the Liquor Licence Board of Ontario phases-out special occasion pub nite permits.
The move pressures college administrations to apply for permanent permits to allow for alcohol-based social functions on campus.
Bill 146, which was passed by legislation in 1973, provides for the establishment of permanent licenced canteens on campus.
The government advises that the deadline for applying for a permanent licence is Jan. 1, 1975.
"After a year and a half that the legislation has been in effect, if a college has not applied by Jan. 1, 1975, we can assume they don't want one and they probably won't get one," said Larry Zahara, special investigator for the LLBO.
"If we do apply for a permit and receive one there will be very little difference in the manner pub nites occur. Student councils will probably have to apply to some appointed committee of the college for pub nite permission," said J. F. Stephens, vice-president of George Brown College.
He explained that no student force has yet approached administration with a request for application for a permanent permit.
"The question is still open. We

will verify the information we have received from the media with the LLBO. A decision will probably have to be made by the college's board of directors on the issue and a presentation will have to be made by the students," Stephens said.
He said the decision could come as early as Dec. 12.
"I don't see an immediate opening up of a permanent alcoholic outlet in the college if the permit is acquired," Zahara claims the move to phase out the special occasion permits has been done to allow for the establishment of permanent pub facilities for post secondary institutions.
"It will erase much of the paperwork the department has to handle now," he said.
Sandra Currie, vice-president of the SAC at Teraulay campus said she doesn't agree that an all day type of pub should be allowed on campus.
"We will have to sit down with all the SAC councils to discuss this," she said.
"The ultimate decision will come from administration. We have called a meeting with all the student councils and will pursue the issue from a student viewpoint. If we don't get that permit then we don't have any more pub nites this year; it's as simple as that," said Tim Parent, Teraulay campus' treasurer.



PLANNING STRATEGY but not for war are from left to right: Lieutenant Colonel Douglas Yuill, Susan Marshall, 20, a University of Toronto student and Troop Leader Lieutenant Ross McKee, 20, also a U.T. student in his third year. Discussing the Canadian Armed Forces reserve officer university program with representatives of the local colleges and universities, the ROUTP officers explain the program and describe their experiences.

CONFESSIONS OF A DRAFT DODGER

Kensington Baking Student Leery of Ford's "Better Idea"

By RON CARROLL
KENSINGTON (abc) — Steve Coverdale, 25, an American Draft resister from Columbus, Ohio, is enrolled in a 40 week Baking course at the George Brown campus.

Coverdale works part-time on the staff of Amex Canada, a monthly publication produced by Americans exiled in Canada.

The Body, in this interview, will show that there are students who have more to worry about than just grades.

BODY: When did you receive your draft notice?

COVERDALE: I got my first notice in 1969.

BODY: What was your reaction?

COVERDALE: I freaked out. Two days later I hitched hiked to Canada.

BODY: Did your family agree with what you were doing?

COVERDALE: My parents fully supported me.

BODY: Were there any friends waiting in Canada?

COVERDALE: I had one friend, but I couldn't find her.

BODY: What happened in Canada?

COVERDALE: I couldn't get anything together so I returned to the States after 2 days.

BODY: Why did you do that? Wouldn't the authorities arrest you?

COVERDALE: The F.B.I. takes two years to catch up with resisters.

BODY: What did you do to avoid the F.B.I.?

COVERDALE: Nothing. I became a political activist and held a full time job baking bread for two years before I was nabbed by them in Nov. 1971. They let me go on my own recognizance.

BODY: Did you head for Canada right away?

COVERDALE: No, I had one month before my trial so I went to

doctors to be declared unfit. I also had an allergist say I had asma. My lawyer arranged for a special physical, but I was passed and the Draft Board felt that I falsified the medical statements.

BODY: When did you return to Canada?

COVERDALE: The night before my trial I drove to the Windsor border crossing with a friend and my brother. I had no trouble, I hitch hiked a ride across with a woman who was going to pick up her boyfriend at the train station.

BODY: Would a border guard report you if he knew that you were a draft dodger?

CLOVERDALE: Some guards will but if any one helps you across

and they get caught by the U.S. border guards, that person or persons assisting a draft dodger can receive 14 years imprisonment for accessory to a crime.

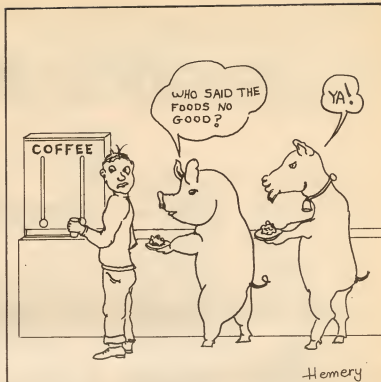
BODY: Why did you avoid the draft by coming to Canada, did you try for a conscientious objector status?

COVERDALE: That status was refused my case even though my moral and religious beliefs state that men should not kill.

BODY: Any other reasons?

COVERDALE: I could not support the Imperialistic System that was fighting a repressed people, the real enemy was the United States.

Continued on page 12



A student researcher named Sue,
While studying on-campus brew,
Says the trend is now clear
To a beer without peer,
Labatt's 'Blue' is now 'in'
with 'Who's who'!



Labatt's Blue smiles along with you

Amnesty. . . hee,hee,hee

Soon after President Ford proclaimed amnesty, Amex Canada, which prerepresents Americans exiled in Canada, issued warnings to the Draft Law violators and deserters to urge them to boycott Ford's plan.

Ford announced the plan on Sept. 16 to "bind the nations wounds and heal the scars of discivness." Public opinion was running in favor of amnesty at this time. Ford's plan to appease the public, met with little favor, and in a New York Times editorial the plan was called "a fiasco."

Ford's plan established a civilian clemency review board that would hear all cases of all the draft resisters and deserters for a uniform guideline in sentencing alternative service. In actuality the clemency review board will hear the cases of only the already convicted draft resisters and veterans with less-than-honorable discharges.

Ford's plan also contains a "deserter loophole". It states that all a deserter has to do is to return to the military for final processing. He will receive the status of an undesirable discharge. He is required to take a pledge to serve in an alternate service for a length of time, normally two years or as the military board decrees.

The deserter is not required by civil law to complete the alternate service. If he completes a clemency discharge will replace his undesirable discharge. Some military counselors advise that by refusing the alternate service the returnee will receive additional charges for obtaining a discharge by fraudulent means. This inconsistency in Ford's plan, along with much more administrative conditions, will take a good Draft Lawyer to unravel before a draft dodger or deserter should consider going back to Ford's amnesty plan.

sports

GEORGE BROWN
HUSKIES

I GOTCHA uhhu uhhu you thought I didn't see ya now did ja? Curtis Tillman, top scorer of the G.B.C. Huskies with a 21.5 average, could have made such a remark when pulling down a rebound during fourth quarter action against Sheridan College Wednesday night on Nov. 13. The Huskies won the game behind the top scores of 27 points by Curtis Tillman and Val Potzan and contributing to the attack with 16 points, Marv Snowden. The Huskies are now undefeated in two starts.

PHOTO BY RON CARROLL

GBC HASN'T GOT A TEAM BUT. . .

OCAA Football Action
Coming to a Peak

The early years of professional and collegiate football were one and the same. From 1909-1930, Grey Cup wins were dominated by

Basketball
Tournament
At GBC

CASA LOMA, G.B.C. — George Brown College will be hosting their third annual Invitational Basketball Tournament on Dec. 13-14, at the Casa Loma campus, with top high schools participating.

The teams that will compete are: St. Basilis, Bloor, De LaSalle, George Harvey, Humber, St. Catharines, Winston Churchill and the defending champions, Oakwood C.I.

The tournament will be an eight team double-knock-out series with a beautiful trophy going to this year's champion and consolation champs. For further information, please contact the tournament convener, Alex Barbier or Jeff Cheng at 967-1212 Ext. 431 or 651.

university teams. From 1920-1930, the Grey Cup was won consecutively by college teams.

The first Rugby-Football game in Canada was played in 1874 between McGill and Harvard. Harvard was the victor due to better physical conditioning.

Canadian Rugby Unions were formed to represent provincial college teams. Intercollegiate Unions were then organized to provide intercollegiate competition. Two outstanding Canadian college football teams were selected in 1965-66 by a national panel and played the first College Bowl. In 1967 the Canadian College Bowl was declared the national football championship of the Canadian Intercollegiate Athletic Union with semi-finals in the east and the west to determine finalists.

This year's College Bowl began with a kickoff parade on Nov. 21 that went from Front to Queen St. on Bay.

The Bowl game is on Friday, Nov. 22, beginning at 8:00 p.m. at the CNE stadium.

The halftime show will feature the great outdoor race. The race will involve area college students who designed their own outdoor

and must compete to see which team can carry it across the football field first.

After the game, a pub will be held at the Ontario Place from 8:00 p.m.-1:00 a.m. Entertainment will be provided by McLean and McLean.

SPORTS REPORTERS:

Jeff Cheng
Gloria Maddever
Bonnie Sproul



HIGH ACTION during the girls basketball game on Nov. 13 with the G.B.C. Huskies pitted against Sheridan College. High scorers were Dianne Pritchard with 17 points, Sue Bondreau laid in 15 points and Mary Boyd managed 13 points. The girls are undefeated with four wins and are in first place in the OCAA.

SPORTS UP

Badminton—Co-Ed — Any persons wanting to try out for the Varsity Team, please sign up! Practices are 4:45 p.m., Tuesdays, Kensington Gym.

Men's Volleyball, Practices: 6-8 p.m., Tuesdays and Thursdays, Casa Loma Gym.

Women's Volleyball, Practices: Monday 6-8 p.m., Kensington Gym. Wednesday 4-6 p.m., Casa Loma Gym.

Any players interested in trying out are invited to come out for practice.

Tennis, Varsity Practice: Sundays — 10:00 to 12:00 a.m. at Casa Loma Gym. Experienced players welcome.

Table Tennis Practices: 4-6 p.m., Thursday and Friday at Kensington Gym. November 22 George Brown versus Sheridan at Kensington Campus 6 p.m.

Karate: Tuesdays and Thursdays, 6-8 p.m. at Kensington Gym. Still room for members to join! Basketball Intramurals: Any class wishing to enter please

register at your campus. Athletic office — Kensington and Casa Loma only.

Ski Club: With snow on the way, any students who would like to form a ski club, should leave their names and phone numbers in the athletic offices at all campuses. Hopefully we can arrange ski trips at reasonable rates and possibly a few weekend trips. Sign up at your campus.

Cross Country Ski Day: Monday January 6 — All day at Formosa Springs. Phone — Gloria Maddever Athletic Dept. for details 967-1212, Ext. 431 and 412.

Varsity Basketball Reminder: There is a big league doubleheader coming up on November 27, Wednesday with the Women's team playing Centennial College at 6 p.m. and the Men's team hosting Seneca starting at 8:15 p.m. in the Casa Loma Gym. Note that both Huskie teams are undefeated in the league play this year.

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Tuesday, December 3, 1974



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HUSKIES STANDINGS

By JEFF CHENG

Ontario College Athletic Association basketball standings in the women's southern division.

	GP	W	L	F	A	P
Centennial	5	4	1	390	351	8
Sheridan	4	3	1	252	262	6
George Brown	2	2	0	183	88	4
Seneca	2	0	2	133	176	0
Humber	4	0	4	242	301	0

O.C.A.A. basketball standings in the men's southern division.

	GP	W	L	F	A	P
George Brown	4	4	0	234	127	8
Sheridan	3	2	1	119	114	4
Centennial	2	1	1	58	87	2
Humber	3	1	2	88	125	2
Seneca	3	0	3	102	152	0

sports

GEORGE BROWN HUSKIES



Husky Top Scorers

Mens top scorers in basketball:

	G.P.	T.P.	Avg.
Curtis Tillman	2	43	21.5
Mary Snowden	2	32	16.0
Michael Asque	1	15	15.0
Val Pozzan	2	26	13.0
Heman Sheppard	2	20	10.0
Amos Coletta	2	16	8.0

Womens Huskie top scorers in basketball:

	G.P.	T.P.	Avg.
Dianne Pritchard	4	62	15.5
Sue Boudreau	4	52	13.0
Mary Boyd	4	48	12.0



GRADE SCHOOL STUDENTS WERE TESTED by the Athletic Fitness students at G.B.C. In cooperation with Mulrhead Public School in North York, to remedy the situation that appeared in the Toronto Star exposing the fact that public school students were not physically developed enough. The students above are performing a cardio vascular test and the results recorded as shown below.
PHOTOS BY RON CARROLL



GBC TO THE RESCUE

Fitness Instructors Strive To Aid Grade School

CASA LOMA, gbc — Second year George Brown fitness instructors are out to improve the physical condition of grade school students. The instructor understudies spent a week of detailed testing as part of a program to analyse the physical condition of the students. The analysis will help determine what exercises and physical training the youngsters should undergo to correct problems. Testing showed most of the students as plagued with fat problems, poor abdominal strength and weak back support. Testing was administered to 450 children from Mulrhead Public School of North York, Toronto during the week Oct. 22-28.

Doug Shulla, fitness instructor, explained that the testing was part of a program initiated by the college as a reaction to an article which appeared in the Toronto Star in 1973.

"The Star ran a story that showed public school students were not developing physically to the extent that they should. This article resulted in concern by the school in helping remedy the situation," said Shulla.

He cautioned "so little is being done at the public school level to develop a child physically" mainly because the institutions have no way of knowing what the serious problems are or how to treat them. "With the results from our tests we will set up programs for each age classification ranging from three to 12 years of age to stress development in those areas of physical fitness that have been neglected," Shulla said.

He said a retest has been scheduled for April to determine the program's success. Mulrhead's teaching staff has

started the children on 20 minutes per day exercise classes as advised by the George Brown fitness students.

"I get experience in practicing working with the kids and they gain by the program we're setting up for them," George Dimitrakopoulos, a fitness student said.

Susan Mohammed, who helped test the children, said she found that most of them were too fat.

"At least three out of five were sort of obese. The problem probably lies in the fact that their parents believe in the old doctrine that to be healthy you should be big and eat a lot," Mohammed said. She said slowly Canadians are beginning to realize the importance of fitness and that various programs are starting-up to improve the situation.

Mohammed stressed that the main aspects of the testing concentrate on cardio vascular based tests.

"Over 50 per cent of the death rate in Canada is due to heart disease so the obvious test concerns this basis," she said.

Nurses Intramural Basketball

By GLORIA MADDEVER

Scores for nursing intramural Volleyball League, Oct. 29 — Toronto General lost to St. Josephs 6-15 and 12-15. St. Miles lost to Toronto Western 6-15 and 10-15. Nov. 6 — Toronto General defeated Toronto Western 15-13 and 15-13. Nightingale defeated St. Miles 15-5, 8-15 and 15-8. Nov. 13 — Nightingale defeated Toronto General 17-15 and 15-6. St. Josephs defeated Toronto Western 15-1, 3-15 and 15-12.

Volleyball is a round robin tournament played until Christmas. Matches are the best two out of three games. Nightingale and St. Josephs are in the lead with two wins each.

APPOINT MICHIE DIRECTOR

Clifford Lloyd, President of George Brown College of Applied Arts and Technology, announced on October 25, 1974 the appointment of James R. Michie as director of the Training and Industry Department. Michie succeeds Harvey Green who is on extended sick leave. Michie took his new office on Nov. 1, 1974.

Michie has held the position of College Budget Analyst since February 1973. Prior to this Michie was Registrar of the Kensington campus and from 1967 to 1971 he was Campus Administrator at the College Street campus.



GAIL ROBERTS, Student Council secretary for the Teraulay campus, since the summer session, is leaving her position on Friday Nov. 22, 1974 to take a new post at the Thorne Ridell and Company. Gail assisted in starting the Body. The Body staff says thanks and good luck.

CSAO

Continued from page 1

with the cost of living while giving them wage rates already won by other workers in the private sector. In fact if we look at the 37 per cent they need to catch up and use a realistic inflation rate of 25 per cent over the last two years they really should insist on 42 per cent. Anything less is a forced wage cut.

The government negotiators, led by Wilkie (a minister in the Davis government) have offered them 10 per cent to 17 per cent in the first year and 8 per cent in the second year of a two year contract. The offer of 8 per cent was raised from 7 per cent when the government was informed that the union was calling a mass meeting. One of the government men, when asked why 1 per cent was added on, replied that it looked a little more respectable.

In response to the cost of living protection demanded by the union — federal employees received \$500 cash — the provincial government offered some of the workers 5 per cent, take it or leave it! Wilkie claims that the union is not bargaining in good faith.

Jake Norman of CSAO spoke about the negotiations that have gone on up until now. After talking about fringe benefits for a year and three months the government offered an increase of 3 of 1 per cent. As Norman pointed out "this would amount to \$3.67 month,

about enough to buy five pounds of sugar at today's prices. The government also offered to make changes in job classifications. Sounded good until the Union realized that this meant an increase of one cent per hour for 85 out of the almost 20,000 people affected by the contract.

An organization of militants called "CSAO Members For One Contract For All" received almost unanimous support for their call for union solidarity and a total walk-out by all of CSAO when the contract for the operational category expires December 31st. If this occurs then our teachers will be called on by their union sisters and brother to walk out in support and perhaps to fight for their own rights; they have still not received a decent offer from the government many months after the expiry of their own contract.

As much as this may inconvenience us we must realize that they will be fighting for us as well. We too are faced with wages that are poor to begin with and are constantly cut by inflation. The struggle of the CSAO workers is our struggle too.

**SUPPORT THE CSAO WORKERS 30 HOURS WORK WITH NO PAY REDUCTION
COST OF LIVING PROTECTION FOR ALL WORKING PEOPLE
DETERMINED BY A UNION
CONTROLLED PRICE INDEX**

entertainment



CLOWNING AROUND at the Halloween night pub at St. Michaels nurses residence are Cathy Ragan and Jack Bernard. A group of 300 to 350 people celebrated the bewitching hour dressed in a variety of costumes. Prizes for the best costume were given to Colleen McCarman, 20, a second year nursing student at St. Michaels for appearance as St. Michael and Frank Bessano dressed in a flowing gladiator cape and uniform complete with a sword and scabbard.

PHOTO BY RON CARROLL

FILM REVIEW

Louis Malle's "Lacombe Lucien" A Controversial Social Comment

By VICTOR LIOBORON

Louis Malle, once a film critic with "Cahiers du Cinema" who pioneered France's film renaissance long ago established a reputation as being a filmmaker of controversy.

The billing at the entrance of Toronto's International Cinema proclaims Malle as being a filmmaker who conceives film as being not so much a celluloid but as fire. Malle's films are indeed as such. They are burning, intense character studies of human beings afflicted by a social or personal condition.

One of Malle's first international releases, *The Lovers*, had to be brought up to the Supreme Court for a decision on its release in America. Malle explored the theme of innocence and experience in his film of a young girl growing up, "Zazie". "Phantom of India" sparked reactions in England and abroad. An in "Murmur of the Heart" he explores the incestuous relationship between two people.

REFLECTIONS

Malle's latest work "Lacombe Lucien" is a reflection of his earlier films. It can be seen as the completing touch to the painting he has done for us. In it he finishes or rounds off his portraits of character and places them in the framework of themes which are universal to all "Malle" films. The troubles of two young people in a relationship, the plight of innocence in a world of corruption, and the influence of a social condition that the characters find themselves a part of and often entrapped in are Malle's themes. In "Lacombe Lucien", Lucien (Pierre Blaise) is the working son of a French family from the village of Souillac. It is during the war in occupied France and Lucien is working a Paris nursing home. From the beginning we discover that he is an almost fearless young man and therefore suited to the political situation at hand.

Lucien becomes restless and seeks to join the French Resistance. He is denied and late one night on his return to Paris is caught watching a hotel that the Gestapo frequents. However he is soon taken a liking too after he

divulges information on a fellow villager and resistance fighter, and is allowed to join them.

CHARACTER INTERACTION

Soon after he is brought to the home of one of Paris' foremost tailors. The tailor has a daughter and what follows is an entanglement of the lives of all three with the addition of an old woman whose hostile silence heightens the underlying tension between all. Malle's characterization of the tailor is extremely well crafted. At one point the tailor remarked both he and his daughter as sensitive people. It is of no surprise that neither are able to support the entanglement both find.

Malle shows us that sensitive people bear the most strain, which in time becomes unbearable. Anything they share a part of in

such a world is doomed. To a Jew who is already paying large sums of money for himself and his daughter's freedom, the intrusion of Lucien amplifies his own dilemma even further. The tailor, a victim of his own fate and his daughter, France, victimized by the sometimes estranged, sometimes arduous relationship she shares with Lacombe Lucien. In Malle's work the moral consequences of an action does not have to be suffered for. It is the innocence of Lucien's evil actions that cripples him. He is overwhelmed by his own nature which instigates them and not his personal morality. Thus apart from never being able to see their moral consequences, he is never able to see the physical outcome they will have on him.

GBC HUSKIES WIN BASKETBALL TOURNAMENT

NORANDA — The Huskies travelled to Quebec on the weekend of November 1, 2 and 3 to capture the 3rd Annual Molson's Tournament and the second consecutive time of the 3 year old tournament.

The George Brown College Men's Basketball team swept 4 games in a row in the 6 team round

robin knock out series to win the championship.

Along with the team success, the individual players fared off well, as Merv Snowden, Michael Aqee and Val Pozzan were selected to the Tournament ALL-STAR Team. Pozzan was also selected to the Tournament Most Valuable Player.

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Renaissance
Donovan
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Genesis

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Massey Hall
Minkler Aud.
Convocation
Massey Hall
Maple Leaf Gardens

Convocation
Maple Leaf Gardens

Nov. 22
Nov. 24
Nov. 27
Nov. 29
Dec. 2
Dec. 6

Dec. 12
Dec. 16

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AMC C540 cassette deck with a delay noise reduction circuit and tape monitor switch to meet offered in a comprehensive unit.	749.95	176.95	529.00	
AMC C560 cassette deck with a delay noise reduction circuit and tape monitor switch to meet offered in a comprehensive unit.	799.95	176.95	529.00	
AMC C580 cassette deck with a delay noise reduction circuit and tape monitor switch to meet offered in a comprehensive unit.	849.95	176.95	529.00	
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DO WE REALLY GET ALONG?



Dave Armstrong is in his first year of Food Administration and is a 22-year-old Post-secondary class representative. "I have noticed no racial discrimination. There is no interaction between Manpower and Post-secondary students, but there should be more interest in activities. Manpower students should pay more activity fees. Post-secondary students seem to be interested in their college. Full classroom participation is important, interaction is the key. My overall opinion is that instructors are teaching us subjects to a degree and then the exams receive the passe approach both by teachers and students alike. I am here to learn, not just pass time."



Rhoda Fitzgerald, 19, is a Manpower student at Teraulay campus taking Silk Screening. "I feel there are some racial discrimination mainly in the halls but only in individuals. I'm not discriminatory. It took a long time to get here and yet foreign students get accepted sooner, that's not fair. Some instructors are prejudiced. I'm ashamed outside of school," she says, "I'm attending a Manpower course at George Brown College, because people say George who?"

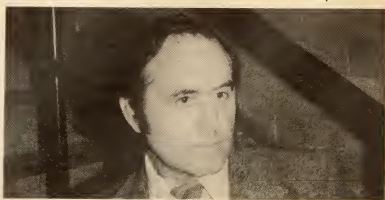


Gary Giroux is a Manpower student in course O.P. 35 at Teraulay campus. "I know of no racial discrimination but there is definitely some between Manpower and Post-secondary students. The Student Union is strictly bunk. Unless a student representative has a Activity Card, with 75 percent of his class also possessing an Activity Card, he is not allowed to vote. The students are second rate. Let's keep the Union democratic. Instructors have been known to start class with statements such as, "I do not like to work with Manpower classes", if you don't like me, lump it."

Muriel Janson, 22, is a Post-secondary student in her third year of Creative Design. "I do not really think there is no racial discrimination, we all have a place here, if any there is a little on the street. In school everybody is trying to gain an education, and don't have time to discriminate. I feel that Manpower students are here to develop what at a younger age they didn't get a chance to. I think it's a good thing. I think the teachers are aware what's going on and they're inter-working towards a better understanding and helping manufacturers know what's happening in the college. Manpower students find it harder. They have been out working whereas Post-secondary students are used to learning and have developed study patterns."



Mr. M. Codd is an instructor at Kensington campus teaching a class in Production Design to both Post-secondary and Manpower students. "We certainly do not have any racial discrimination in our department. You see we have quite an arrangement of students of different backgrounds. As for any problems between the Manpower and Post-secondary students, I can say that the program is set up because Manpower students receive shop time and Post-secondary persons receive more theory because time is a major factor. As to students vs teachers, it doesn't really matter to me, whatever they feel comfortable calling me. They're adults. My first name is fine, or sir. I don't insist in any way. I try not to get personal. I have to remain objective to stay impersonal. I find each individual is different."



REPORTS BY: Marleen Rausis

PHOTOS : Ron Carroll

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Understanding Stress May Lead to Ease

by Adi Mishry

Do you at times feel that the pressures of life are just too much? Do you long for relief from them? And more people feel that way. This is especially so today, because pressures seem to be building up everywhere.

A family man finds job pressures increasing. The national economy seems unstable. Family safety concerns the breadwinner. A mother feels pressure when she watches the prices of everything continually rising and wonders how she can make ends meet.

Young people see the "pressure cooker" atmosphere of modern society and are appalled, observing economic competition, nuclear explosions, pollution, corruption and race hatreds, they ask, is life worth living at all?

This situation prompted scientists to write: "Society has reached a stage of development where the stresses and strains produced by its own speed of technological advances are not only overtaking peoples powers of adaptability — both physical and mental — but are endangering their very survival."

UPSETTING

How upsetting are today's pressures? An article in the Reader's Digest points out this finding of doctors: "Emotional stress can produce real illness, true changes in the body chemistry and structure of quite normal people. Specialists agreed that psychogenic (emotion caused) illness account for perhaps two of every three visits to the doctors."

Socialist Alternative

by ROBERT AGES

The League for Socialist Action is fielding a slate of ten candidates, headed by majority candidate Joan Campana, in the December 2nd elections. The LSA slate represents the only positive alternative for the working people of Toronto to the big-business candidates like Progressive Conservative David Crombie.

Apologists for the ruling class argue that municipal politics should be free from the partisanship of federal and provincial politics. Municipal politics is partisan. The majority of Toronto's municipal politicians are Liberals and Tories, members of the parties of big business, corporate developers and real estate speculators.

In Toronto the living standards of the vast majority — workers, women, youth, immigrants — are going down every month. According to the Canadian Labour Congress, the real weekly wages of workers dropped an average of \$5.50 last year. Toronto tenants are expected to pay from \$30 to \$60 more on rent in the coming year. The price of food has gone up 37 per cent in the past two years and prices continue to soar.

The standard of education is deteriorating. Workers who fight back to defend their standard of living are being ordered to work through government-imposed compulsory arbitration. Working people need a city government that rules in their interests and fights for their rights. Such a city government, controlled by Toronto's working class and oppressed, would develop housing, transportation, and other vital services to meet people's needs, not the profit needs of the giant corporations.

A workers' city government would be a powerful force in the Canada-wide movement for social change. It would put the resources of the city at the disposal of the labour movement and other movements against the injustices of capitalism.

Against the policies of Crombie and other big-business candidates, the League for Socialist Action offers an alternative that represents the interest of working people.

True, not all stress is bad. Even in thinking, working and playing there is some tension involved. In this connection Vienna born Dr. Hans Selye says: "We are stressed by joy, by a game . . . But difficulties arise when a particular stress either mental or physical is applied for too long. So while some stress is normal too much unrelenting pressure brings irritation, frustration, anxiety and fear. That can be very damaging. Are today's Pressures being exaggerated? "Yes," say some. They point out that there has always been a certain amount of crime, war, poverty, and discontent over living conditions.

Furthermore they ask: Is it not true that even in big cities, the mathematical probabilities of any one person being murdered rated to only one in several thousands? Do not drug addicts represent only a minimal portion of the population? Can we deny that many countries today enjoy prosperity, with workers owning more material possessions than ever before?

While uneasiness still prevails in countries where peace could be broken and war resumed. Despite dire warnings about pollution it is obvious that people are not by any means "dying off like flies," but keep right on living? Suppose we do have to give up eating mercury contaminated fishes, "they say," but of all the other things to eat? This is all very true. Yet it overlooks some vital factors.

Even though those directly affected or visibly hurt are a certain one of the many problems may be a minority, the fact remains that we are all being affected in one way or another. And the likelihood of finding ourselves among those directly affected or hurt grows with each passing day.

WHY PRESSURE

Why the Pressures are being felt?

Danger does not have to be immediate or obvious for one to feel damaging pressure. Not everyone lives in a high crime area. You perhaps can walk outside your home at night with little danger of being attacked. But just knowing that such attacks mount each year can make you uneasy about doing it.

The enormous cost of crime and the cost of fighting it is inevitably passed on to the common citizen in the form of higher prices and increased taxes. Really, no one completely escapes, no matter who he or she is or where he or she lives.

Stress And Society

Drugs addiction is steadily reaching into more and more sectors of human society. But even though those on "hard drugs" may still be relatively few, the fact is that much of the world's population is developing a "drug-oriented culture." Men and women by the millions are turning to tranquilizers, sleeping pills, pep pills, and other so called "safe" drugs for relief or stimulus. The greater the stress grows, the greater the temptation to use these to excess — or to proceed to more powerful drugs.

Workers' jobs and careers which are characterized by stress levels the individuals are expected to endure. The foreman for example in industry has long been recognized as ideal example of a situation with considerable conflict and ambiguity.

THE EXECUTIVE

What of those who have not lost their jobs? They still feel the strain of uncertainty, realizing how unexpectedly even very large business can develop deep trouble or even go bankrupt.

Actually, having a high-salaried job, such as that of an executive, often brings its own problems. The trend toward hypertension (high blood pressure) is greater among this class. And medical science



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J St. Joseph's Campus
50 Sunnyside Avenue
Nursing

TUESDAY NOVEMBER 26

K Kensington Campus
21 Nassau Street
Fashion Shows
Cooking Demonstrations
Furniture Refinishing
and Upholstering
Community Services
Food Technology

C College Campus
507 College Street
Language Training
G Toronto General
Campus
90 Gerrard Street West
Nursing

WEDNESDAY NOVEMBER 27

T Teravault Campus
51 Teravault Street
Automotives (hearing
testing)
Automatic Typewriters
Computer Games
Programmed Typing
Instruction
Colour Television
Machine Shortland

Computer Applications to
Electronics
Graphic Design
Printing Technology
Programmed Advertising
N Nightingale Campus
2 Murray Street
Nursing

THURSDAY NOVEMBER 28

CL Case Loma Campus
160 Kendal Avenue
Ceramics
Fitness Testing
Jewellery Making
Dental Technology
Clinical and Laboratory
Architectural Technology
Developmental Studies
Centre
Computer Instruction
Centre
Metrickton

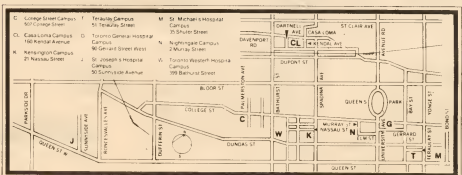
Electrical Technology
Engineering Technology
Watch Making and Repair
Optical/Prosthetic
Techniques
Numerical Control
Plastics and Coatings
Instrumentation

M St. Michaels
Campus
35 Shuter Street
Nursing

FRIDAY NOVEMBER 29

W Toronto Western
Campus
399 Bathurst Street
Nursing

You're welcome to visit all nine city campuses and see the many demonstrations, displays, films and shows during the **George Brown Welcome Week**. For further information phone 967-1212 Ext. 223



**The George Brown College
of Applied Arts and Technology**

These activities are part of Metro Toronto Community College Week including George Brown, Centennial, Harbour and Seneca Colleges.

Continued from page 11

now finds that even mild hypertension may trigger heart attacks or strokes.

What about the other end of the labor scale? Is the picture brighter?

Under the title "The Blue-Collar Blues," a news magazine quotes: "All in all, the Canadian blue-collar worker of today while earning more real money (in terms of purchasing power) for fewer hours than ever before, is just plain unhappy." Why? Reasons given include the "deadly monotony" of so many factory jobs, the modern plant being likened to a "gold-plated salt mine" where the worker suffers, "loss of pride in his or her job and their role as the family provider." Also there is the feeling that management is more interested in the machines than in the humans operating them.

According to an industrial relation expert on the part of the average worker there exists "an unspoken uncertainty that he will be able to go on earning a living." This uncertainty is largely due to increased automation, with machine steadily taking over men's and women's jobs. The picture is similar in other prosperous lands. According to an Associated Press dispatch of June 13, 1974, the chief psychiatrist at a leading Tokyo hospital estimates one third of Japanese salaried men are in the first stages of neurosis.

Theatre Arts

Continued from page 2

The part-time program which exists in all three areas of Theatre Arts, (Music, Dance, Stage Drama) would continue with Dance and Drama being developed into full time.

UNIQUE PROGRAM

Drama students would have the opportunity to train as performers, instructors, or technicians. Students would progress at their own rate from beginner to intermediate then to graduate depending, of course, on the individual's own attitude, ability and motivation.

The emphasis would be on a practical orientation towards theatre, so as to provide career opportunities for the student. Webb points out that in doing this, George Brown College, would offer a unique program and would not be duplicating the programs already offered at York University, University of Toronto, Ryerson, National Ballet School and other recognized schools.

In the meantime something new in drama has started is a sixty-hour course that concerns itself with the practical side of theatre.

Fourteen students are taking part in productions with the Factory Theatre as part of practice. In this way a chance to learn while gaining the needed practical experience is made available. The environment is one in which to work. The Factory Theatre's move to new premises at 207 Adelaide Street East.

ORCHESTRA

One course which is still in the idea stage would train students in the art of musical comedy. Such a course would deal with the particular aspects that make up a cabaret-type presentation, such as development of voice, dance, acting and musicality.

Plans for a George Brown College concert orchestra have turned into reality. The Music department concert orchestra which would be composed of students and teachers would perform for George Brown College and the outside community.

The orchestra would be drawn from the training orchestra and ensembles that are a part of the major instrumental music program at GBC. At the orchestra's head is Dr. Boyd Neel, former Dean of Music at the University of Toronto.

Dr. Neel's most recent achievement has been the formation of the Blue Mountain Symphony Orchestra which was composed of student musicians of all ages and occupations ranging from nine to sixty-five years of age, including music educators, interested amateurs, housewives, and would-be professionals.



georgie girl

PHOTO BY RON CARROLL

ELIZABETH McALEESE, a second year student nurse at St. Michael's Hospital, gets a thrill riding as a passenger on motorcycles. She wasn't very excited at the idea of posing with Kawasaki's K2400 at first because she felt the affiliation with motorcycles might darken her image. She soon found out after a visit to F. Manley and

Sons Corp. in Toronto, which distributes a Kawasaki in Canada, that a revolution in motorcycling is on. The black leather jacket-chain image of the past has given way to an image which presents the motorcycle as a viable, economical means of transportation. Elizabeth, a 19-year-old, who hails from St. Catharines, Ont. holds the

position as vice-president of the student council at St. Mike's for this term. She is thinking of working for CUSO when she graduates in 1975. She rarely gets bored. "I like to bicycle, swim, canoe and dabble in some art-work," said Liz. During the summer she works as a counsellor at camp in northern Ontario.

EDITOR'S NOTE: Georgie is not meant as a sexist statement in picturing nurses from George Brown's affiliated campuses. We feel Georgie Girl is a service in representing the student nurse faction and adds beauty to our production. Send your comments to the editor: C.O. SAC Office, Rm. 351-B, Teraulty St. Campus or Casa Loma SAC Office.

Art Gallery Offers Various Scenes

By DANNY HEAP

The Art Gallery of Ontario reopened last month after extensive renovations to house a collection of Henry Moore's sculptures. Two of these, in brass, are on display on Dundas Street (in front of the gallery), and anyone who appreciates Moore's smooth lines and loose representation of anatomy, often modelled on soup bones, should be sure to see this exhibit. As well as Moore's Sculptures, the fall programme of the Art Gallery includes two film series and presentations of the work of Canadians in the theatre arts, music and videotape.

Older wings of the Gallery are still accessible, somewhere behind the new concrete facade, and admission is still free on Tuesdays and Thursdays.

AT THE ART GALLERY

OF ONTARIO
The Lyric Theatre
Sound And Silence, An Exploration, December 12, 1974.
"Camerata", a group of musicians, Adran Peckold of the

Canadian Mime Theatre, and Anne Southam, a Canadian composer, explore music and silence.

Video Scope: Eight 2-week showings of video art, developed by the Art Gallery of Ontario and Trinity Square Video Programmes, are taking place in the sculpture court, beginning November 6th.

"The Romantic Rebellion": Starting November 4th, this series

can be seen, one segment a week, Monday-Friday.

Weekend Films — 3:00 p.m. — \$1.50 admission.

November 24th . . . Smiles of a Summer Night, Ingmar Bergman, '55.

November 30th . . . Morocco, Von Sternberg, '30.

December 1st . . . The Shop

Around the Corner, Ernst Lubitsch, '40.

December 7th . . . King Kong, Copper and Schoedsack, '33.

December 8th . . . Letter From an Unknown Woman, Max Ophüls, '48.

December 14th . . . Hiroshima, Mon Amour, Alain Renais, '59.

December 15th . . . Princess Yang Kwei Fei, Kenji Mizoguchi, '55.

CONFESSIONS

Continued from page 5

Body: How do Canadians feel about your being a draft dodger?

COVERDALE: A few are against draft dodgers but most sympathize with me. The Society of Friends, the Quakers, supported my stand and helped me settle here in Toronto.

BODY: How long now have you been in Canada?

COVERDALE: For the first two

years, I lived underground trying to get a landed status. I wanted to immigrate as a farmer but needed the signature of a farmer in the States, however, no farmer would sign for me. Last year, under the rule of Pierre Trudeau, I was finally landed.

BOYD: What do you think of President Ford's amnesty plan? Would you go back?

COVERDALE: Ford's plan is a failure. It is not true amnesty. I support only unconditional amnesty. I would never go back to live there, it's like living in a police

state.

BODY: What are your future plans?

COVERDALE: I married a Canadian in August and have a child. I'll become a baker and farmer to support my family here.

Joan Campana, League for Socialist Action Candidate for Mayor of Toronto, will be coming to Casa Loma Campus in the next two weeks. Watch for her and learn about the socialist alternative.